

# S10, #S11, # S12 **Sundial**  
**TRADITIONAL HERBAL**

Original Maroon Recipe  
**WOOD & ROOT  
TONIC**

Out of the cultural of the Maroons comes a formula combination that has been passed down from generations and now presented as SUNDIAL original Maroon recipe Wood & Root Tonic, used traditionally in Jamaica as a household remedy and general tonic for the blood, body and nerves.

The ingredients in this product have been used by the Carib Indians to protect them from epidemics and as a general tonic for the reproductive organs of both male and female.

So if you are feeling rundown, tired, lacking energy, vim, vigor and vitality, try SUNDIAL traditional original Maroon recipe Herbal Wood and Root Tonic made the traditional way. Contains no artificial or chemical ingrediants of any kind. 100% Natural.

Remember, don't just ask for Woodroot, ask for SUNDIAL every time. Made with wild organic herbs, roots and barks of the Caribbean, Latin America and Africa, using distilled and purified water. This product is made the traditional way, following the teachings of our elders and ancestors; and the guidance of the Most High.

**Contains No Chemicals of Any Kind**

**100% Natural**

*"Peace And Blessings"*

**If It's Ital, It's Vital**

# S13, #S14 # S15 **Sundial**  
**KOROMANTEE**

USED TRADITIONALLY AS A  
**HERBAL BITTERS, COLONIC, STOMACH,  
AND INTESTINAL CLEANSER**

*For People On The Run  
Who Don't Need The Runs*

Out of the Ancient Koromantee people of Africa comes, via Jamaica, a herbal blend presented as *SUNDIAL Koromantee Corkscrew Bitters, Colonic and Intestinal Cleanser*.

The ingredients in this product is traditionally used by the people of Africa, the Caribbean and Latin America to clean out the stomach, intestines and colonic area of waste matter and help relieve constipation.

So if you are feeling bloated, suffering from gas, heartburn, digestive problems and carrying a big load under your belt and nothing seems to help, then try *SUNDIAL Koromantee Bitters, Colonic and Intestinal Cleanser*. The wash out for those on the run that don't need the Runs. 100% natural.

**Contains No Chemicals of Any Kind**

**100% Natural**

*"Peace And Blessings"*

**If It's Ital, It's Vital**

# S19, #S20 # S21 **Sundial**  
**TRADITIONAL AFRICAN**

**MANBACK TONIC**

Made from a combination of roots and barks from Ghana West Africa, where this formula is traditionally used for all weaknesses in the male reproductive system, spine, back nerves and as a treatment for impotence.

So if you are not functioning up to par, lacking strength and stamina, remember the strength of the reproductive organ, reflects the strength of the entire body. Take SUNDIAL AFRICAN MANBACK TONIC to strengthen, rejuvenate, energize and help bring the reproductive organs back to their natural state of good health.

Celebrate your culture and heritage with products compatible with our biological make up.

Sundial African Manback Tonic everytime!!!

**Sundial - ASHANTI**  
**WEIGHT LOSS**

# S16, #S17, # S18

**ENERGY LIFTER & APPETITE SUPPRESSOR**

Are you overweight, tired all the time, lacking vitality, and would like to drop a few inches from your waist line, and increase your energy level?

Take: *SUNDIAL ASHANTI, WEIGHT LOSS, ENERGY LIFTER and APPETITE SUPPRESSOR* and start to look and feel good about yourself. This traditional herbal formula consisting of herbs from the Caribbean, South America, and Africa where they are used to rid the body of inflammations, excess fat and water, curb the appetite, and to supply energy.

So remember, to lose excess weight, curb the appetite, and increase the energy level the safe, natural and easy way, check out *SUNDIAL ASHANTI, WEIGHT LOSS ENERGY LIFTER and APPETITE SUPPRESSOR*, today, and watch those extra pounds disappear. Celebrate your culture and heritage with traditional products compatible with your biological makeup.

# S26  
# S27 **Sundial**  
**AFRICAN SHEA BUTTER**

SHEA BUTTER is made from the seeds of the Shea Butter Tree. It is traditionally used for cooking and flavoring foods instead of lard and other unnatural fats.

SHEA BUTTER is mainly used externally to nourish, heal, and clear up the skin, used regularly it rids the skin of marks wrinkles blemishes, rashes, discolorations, softens hard knots, and smooth over rough skin. Warm SHEA BUTTER massaged into joints, and muscles relieves aches and pains. SUNDIAL PURE SHEA BUTTER protects the skin in both hot and cold weather by providing a protective layer that prevents sunburn and cracking. SHEA BUTTER is used as a salve to get rid of ringworm and other parasitic skin eruptions.

SUNDIAL AFRICAN SHEA BUTTER is made the traditional way, nothing added or taken away.

**100% Natural**

# S30 **Sundial**  
**QUEEN MAKEDA**

**CORNMEAL FACE BODY SCRUB  
AND SOAP SUBSTITUTE**

The ingredients in this product has been used by the ancient Ethiopians to help get rid of wrinkles, marks, blemishes, deep cleans, removes dead skin, and to help balance oil and acid levels of the skin, and acts as a total body deodorant, leaving it alive and healthy.

Sundial Herbal Cornmeal Scrub contains no chemicals, artificial colors, scents, or animal products of any kind.

**100% Natural**

**If It's Ital, It's Vital**

# S33  
# S34

## Sundial

### PURE COUNTRY STYLE

## COCONUT OIL

Imported from Africa, India and Jamaica, where it's used as a basic staple for thousands of years for cooking, flavoring and as a household remedy for burns, cuts, skin rashes, scalp and hair problems.

In Jamaica coconut oil is given to children and babies to loosen mucus on the chest and help relieve coughing.

Pure coconut oil is easy to digest and is used by folks in the tropics who can't digest fat.

Sundial pure 100% Natural Country Style Coconut Oil is made the traditional way, nothing added or taken away.

Contains No Chemicals of Any Kind

100% Natural

## Sundial HONEY

# S33  
# S34

### PURE • RAW • UNHEATED • UNSTRAINED

Try our pure raw, unstrained, unheated honey. This honey contains bee wax, bee pollen and royal jelly in their natural balanced proportions. These substances make honey a natural tonic to the nerves. Pure honey is also an emulsifier, it breaks up fat and mucus, and is a natural mineral and vitamin source. Sundial Honey is bottled by hand to help preserve its natural vitamin and mineral balance, nothing added or taken away.

Pure, raw honey has been used for centuries not just as a sweetener, but also as a nutritious food, and medicine.

**P.S.:** Try our wild black African Honey from Ghana, West Africa.

## Sundial

### WILD TROPICAL HERBS

SUNDIAL invites you to use our line of wild, traditional herbs of the tropics. Our herbs are not minced, powdered or processed in any way.

SUNDIAL ORGANIC HERBS are not cultivated or exposed to chemicals, pesticides, or fertilizers. Our herbs are harvested according to their seasons from the uncontaminated mountains, woodlands and meadows of Jamaica and the tropics, dried and packaged to preserve their natural oils, aroma, as well as their special medicinal and nutritional properties.

So when shopping for herbs — ask for the name you can trust — **Sundial Wild Organic Tropical Herbs** of Latin America, the Caribbean and Africa.

*“The Lord has created medicines out of the Earth, and he that is wise will not reject them”*

## Sundial - CASSAVA MEAL

### A NUTRITIOUS FIBER AND FOOD

# S51-MEAL 1 LB. # S52-FLOUR 1 LB.

Cassava Meal is made from the cassava, otherwise known as yucca. Yucca is a basic food in the Caribbean, South America, and Africa.

Cassava Meal is used in the same way as cornmeal. It's the world's best fiber. It's nutritious and it acts as a mop that cleans stomach, intestines, and colonic area, and as a broom to sweep out those areas. It absorbs fats, acids and other poisons before they enter the bloodstream and sweeps them out, thereby controlling blood cholesterol levels, prevents heart disease and constipation and retards the growth of cancer in the stomach and intestines. In Africa where cassava meal is used daily, heart disease, stomach and intestinal cancers are rare to nonexistent.

Cassava Meal not only cleans and mops out the stomach, intestines and colonic area, it also nourishes and heals.

REV. 6-23-08a

# S35

## Sundial

### COCOA BALLS

SUNDIAL would like to introduce you to our pure organic Cocoa Balls. Traditionally used by African peoples and the Ancient Mayans of Central America upon rising to get their *circulation going, stimulate the brain, relieve depression and supply energy*. It is also used in the Caribbean to lower blood pressure and cholesterol levels in the blood, supply instant energy and for menstrual cramps.

Apart from being a medicine and a food **Sundial Pure Traditional Cocoa Balls** makes a delicious healthy morning tea for the entire family. It is also used for baking.

Sundial Traditional Cocoa Balls, available where all Sundial products are sold.

100% Natural

BE WISE, ARISE, LISTEN TO  
**HEALTH AT SUNRISE**

IN NY

WVIP 93.5 FM Radio

Thurs. Nights • 11:15 pm - 11:45 Midnight

IN BARBADOS & THE EASTERN CARIBBEAN

C.B.C 94.7 FM Radio

Wed 11:00 am - 11:30 am

For an authorized Retailer call us at 718-798-3962

Wholesale & Retail

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# SUNDIAL®

Traditional Herbal Products

Original Organic Maroon Recipes  
100% Natural

Our motto is Natural and Traditional Remedies  
Coming to you from the laboratory of  
the most high for what might be ailing you.

## COMPANY BACKGROUND

Sundial Herbs and Herbal Products, International has been in existence since the early 1970's. However, the recipes from our products goes back at least 100 years. It has been handed down from our great-great grandfather, who was the family healer and descendent of the Koromantee Tribe (Maroons) in Jamaica, West Indies. In countries and areas outside the United States most people try to hold onto the tradition of using herbs, roots, barks and natural elements from nature to assist with the well-being and maintenance of the body. This tradition is then handed down to the one designated as the "family healer". So it was...that the family healer was designated to be the Bush Doctor - Baba Rahsan Abdul Hakim. From the age of eight, he was designated to carry on the family tradition of making Wood and Root Tonic, Koromantee Bitters and other family recipes using natural herbs, roots, barks, spices and seeds.

**Product ingredients and shelf-life:** The products contain no chemicals, artificial colors or additives. They are composed of pure herbs, roots and barks from Africa and the Caribbean Islands. We use different herbal spices to preserve the contents and extend the life of the product. The products are made fresh daily... with about one to two days (at the most) sitting in our plant before they are sent to any location. The shelf-life of the liquid products is approximately 7 years, aging with time, never losing their potency or quality. Similar to all aged tonics and beverages, the aged taste could vary. These products do not ferment and turn into alcohol.